



OBERSTAUFEN

A VISITOR'S GUIDE

***Useful Tips & Attractions
Around Oberstaufen***

#MEINOBERSTAUFEN

YOUR DIGITAL DAILY OVERVIEW



Discover the most important information and tips for planning your day at a glance on our digital pinboard at: oberstauften.de/jetzt



[OBERSTAUFEN.DE/JETZT](https://oberstauften.de/jetzt) →

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TOURIST INFORMATIONS

If you have any questions about your holiday, the staff at the tourist information offices will be happy to help:

Tourist Information | Haus des Gastes Oberstaufen

Hugo-von-Königsegg-Straße 8, 87534 Oberstaufen

Tourist Information | Oberstaufen railway station

Bahnhofplatz 1, 87534 Oberstaufen

Tourist Information | Steibis

Im Dorf 22, 87534 Oberstaufen-Steibis

Tourist Information | Thalkirchdorf in the village shop

Kirchdorfer Straße 5, 87534 Oberstaufen-Thalkirchdorf



The current opening hours can be found at
oberstaufen.de/tourist-info

WELCOME TO OBERSTAUFEN IN THE REGION OF ALLGÄU

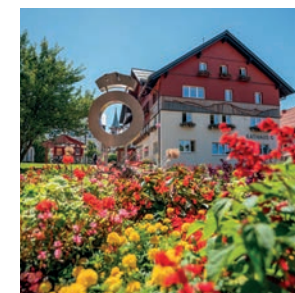
Oberstaufen with its main districts of Steibis /Aach and Thalkirchdorf is located in the southernmost region of Germany in the border triangle of Germany, Austria and Switzerland. Centrally located between Neuschwanstein Castle, the city of Kempten, which was founded 2000 years ago by the Romans, Lake Constance and Oberstdorf, famous for the Four Hills Tournament. The Nagelfluhkette, a mountain range on the northern edge of the Allgäu Alps, extends to the south of the municipality of Oberstaufen.

FACTS (as of 2022)

- » Oberstaufen has been a climatic health resort since 1969
- » The only Schroth Cure Spa in the world since 1991
- » Around 7,900 inhabitants
- » 7,500 guest beds
- » 259,808 guest arrivals with 1.35 million overnight stays

The special charm of Oberstaufen lies not only in the beautiful pre-alpine landscape, but also in the many lived traditions, which are still expressed here today. People experience the joy of life and the warm-heartedness surrounding them.

Numerous wellness hotels, especially in the 4- and 5-star range, as well as guest houses, self-catering holiday apartments and farm stays provide the right holiday offer for every guest all year round.



BUS, TRAIN & PARKING

You are mobile in Oberstaufen even without a car.

The Oberstaufen railway station and bus station are located at the entrance to the village. You can get to the region by bus and Deutsche Bahn every hour.

DEUTSCHE BAHN (GERMAN RAILWAY)

From Oberstaufen railway station you have hourly connections to/from Munich/Ulm – Kempten – Lindau – Oberstdorf. For the Deutsche Bahn timetables, we recommend the free app: DB Navigator



All car parks and the respective maximum parking times can also found on the website. All information at [oberstaufen.de/bus-parken](https://www.oberstaufen.de/bus-parken)

BUS

Simple and convenient: The Oberstaufen GUEST CARD is your free bus ticket for public transport. Show your guest card to the bus driver when boarding the bus and have it registered.

Line 94 – the free local bus:

- » 1. round Stießberg
- » 2. round Buflings/Kalzhofen

Additional free bus lines in the municipal area:

- » **Line 95** Oberstaufen – Hochgratbahn
- » **Line 39** Oberstaufen – Immenstadt
- » **Additional line 39** Oberstaufen railway station – Hündle cable car (Hündle express)
- » **Line 22** Oberstaufen – Oberreute
- » **Line 733** Oberstaufen – Stiefenhofen

BUS

- Linie 22** OBERSTAUFEN – Oberreute – Sulzberg – Weiler – Scheidegg – Lindenberg – Heimenkirch – LINDAU
- Linie 39** OBERSTAUFEN – HÜNDELBahn (½h-Takt) – Thalkirchdorf – Alpsee Bergwelt – Bühl (Alpseehaus) – IMMENSTADT (1h-Takt)
- Linie 94** **Runde 1:** OBERSTAUFEN BAHNHOF – Haus des Gastes – Schloßberg – Stießberg/Willis – über B308 – BAHNHOF
Runde 2: OBERSTAUFEN BHF. – Haus d. Gastes – Pfälzen – Buflings – Kalzhofen – Kaufmarkt – FW-Haus. – BAHNHOF
- Linie 95** OBERSTAUFEN – Steibis – Imbergbahn – Am Giebel (Buchenegger Wasserfälle) – HOCHGRATBAHN
- Linie 96** OBERSTAUFEN – Kalzhofen – Buflings – Wolfsried – STIEFENHOFEN
- Linie 733** OBERSTAUFEN – Weiler – Röthenbach – Grünenbach (Eistobel) – Maierhöfen – ISNY
- Linie 890** OBERSTAUFEN – Weißbach – Aach – Riefensberg (AT) – Krumbach (AT) – EGG (AT)



TRAIN

- DB** OBERSTAUFEN – Röthenbach – Heimenkirch – Hergatz – LINDAU-REUTIN
- DB** OBERSTAUFEN – Immenstadt – Sonthofen – Altstädten – Fischen – OBERSTDORF
- DB** OBERSTAUFEN – Immenstadt – Kempten – MÜNCHEN/AUGSBURG/ULM

THE OBERSTAUFEN GUEST CARD AND ITS PREMIUM OFFERS



With the visitor's tax, you make a significant contribution to financing the public tourist offers in Oberstaufen. It is used to finance the provision, maintenance and operation of the public spa and recreational facilities and the tourist infrastructure. With the visitor's tax you will receive your personal guest card.



ENJOY YOUR ADVANTAGE:

- » 15% discount on the regular admission price at Aquaria
- » Free hire of media in the public library
- » Guided hikes
- » Participation in the welcoming of our guests in the Nagelfluhlounge
- » Free use of the guest bus in the municipal area
- » Many events in the town of Oberstaufen

» oberstaufen.de/gaestekarte

ALLGÄU WALSER CARD (AWC)

The Oberstaufen GUEST CARD is stored on the AWC. This offers many other benefits at numerous leisure facilities throughout the Allgäu region and the neighbouring Kleinwalsertal valley

» oberstaufen.de/awc

OBERSTAUFEN PLUS

The Oberstaufen PLUS premium offer: The Oberstaufen GUEST CARD is available at around 300 Oberstaufen PLUS hosts, with the additional attractive Oberstaufen PLUS premium offer.

Top Services:



- » Ascent & descent with the 3 mountain transport systems*
- » Free 4-hour admission to the Aquaria spa & adventure pool*
- » Ski pass in winter for the 3 ski areas*
- » Free use of an e-bike* (one rental day from the 1st overnight stay, additional rental day from the 6th overnight stay)

* Use the services of a TOP partner every day

Other leisure Partners can be combined without limit, with all other Oberstaufen PLUS services, e.g. high ropes climbing garden, mini golf course, museums, Sinswanger ski lifts and much more.



OBERSTAUFEN PLUS GOLF

The premium offer Oberstaufen PLUS GOLF: As an additional on-top offer, some Oberstaufen hosts offer free golf on 5 courses in addition to the Oberstaufen GUEST CARD and Oberstaufen PLUS.

The premium offer Oberstaufen PLUS GOLF includes free green fees for a total of 99 holes on the following courses:

- » Golf Club Oberstaufen-Steibis
- » Golf Club Waldegg-Wiggensbach
- » Golf Club Memmingen – Gut Westerhart
- » Golfpark Bregenzerwald, Riefensberg (Austria)
- » Golfpark Schloss Lenzfried



Further information at

[OBERSTAUFEN.DE/GAESTEKARTE](https://oberstaufen.de/gaestekarte) →

THE ORIGINAL SCHROTH CURE HEALTH MEETS LIFE'S PLEASURES

Detox and cleanse your body for a healthier way of living with the Oberstaufen Schroth Cure Diet.

There is no better place than Oberstaufen to get yourself fit and to recharge your batteries. Oberstaufen is not just the only "Schroth-Cure Spa" in Germany; it is also officially recognised as a "Climatic Health Resort" due to its high mountain region with an alpine climate at lowest level. The clear air between 647 m and 1834 m strengthens the immune system and organism.

The "Original Oberstaufen Schroth Cure" which Johann Schroth developed almost 200 years ago, has been carefully tailored to our present day demands. An unhealthy, unbalanced diet can lead to diabetes, heart attacks and strokes, obesity, gout and rheumatism. The Schroth cure is a calorie-reduced diet, free from animal fats, protein and salt. In the early hours of the morning each guest receives a full body wrap. This stimulates the body's metabolism. In return a complete body cleansing takes place. Discover the beneficial power of a Schroth Cure and experience the healing effects of the nature and bring your inner balance to shine with a valuable holistic me-time.



Further information at

[OBERSTAUFEN.DE/SCHROTH](https://oberstaufen.de/schroth) →



CULINARY DELIGHTS

The Allgäu region has a long history and achieved its good reputation and prosperity due to the modern cheese industry. This is the reason for the simple and rather hearty fare for which the Allgäu is known. Today, you will not only find traditional Allgäu specialities such as Kässpätzle and Kratzat (Kaiserschmarrn), but also modern cuisine, preferably with regional products. The choice of hospitality is huge: restaurants, cafés, alpine huts and alpine dairies will spoil you.



Further information at

OBERSTAUFEN.DE/GASTRONOMIE →

SHOPPING

Oberstaufen, although a tranquil town, offers a variety of attractive boutiques, speciality shoe and sports shops with international brands, as well as quaint shops selling local products, also traditional Bavarian clothes shops that proudly present craftsmanship at its best. You are sure to find the perfect keepsake there.



All further information at

OBERSTAUFEN.DE/EINKAUFEN →

EVENTS

There's plenty on offer all year round: whether it's cultural events, traditional festivals or sporting events, let yourself be carried away and enjoy the moment.



Current events at

OBERSTAUFEN.DE/VERANSTALTUNGEN →

OBERSTAUFEN | CENTRE – AT A GLANCE

Oberstaufen lies at 791 metres above sea level and inspires with its lively town life with traditional charm and modern lifestyle.



WHAT CAN YOU FIND WHERE *

- » **Haus des Gastes with library**, Hugo-von-Königsegg-Str. 8
- » **Public toilets**: Haus des Gastes, accessible toilet | Bahnhofsplatz, accessible toilet | Lindauer Strasse at the Bistro Auszeit
- » **Grocery stores**: Kalzhofer Str. 24 | Kirchplatz 3 | Lindauer Str. 17 | Lindauer Str. 28
- » **Post office in the supermarket**, Kalzhofer Str. 24
- » **Railway station, bus station, taxi**, Bahnhofsplatz 1-3
- » **Aquaria spa & adventure pool**, Alpenstr. 5
- » **Hündlebahn** – all year round, summer toboggan run
- » **Kurhaus: event centre and gastronomy**, Argenstr. 3
- » **Oberstaufen PARK & Johann Schroth-Park**: with recreational areas and exercise trails
- » **Minigolf**: OberstaufenPARK, Hündle ground station
- » **18- & 9-hole golf course**, Buflings 1a (Golfzentrum Oberstaufen)
- » **Bike hire**: Bahnhofsplatz 2 | Kalzhofer Str. 22 | Hinterstaufen 5
- » **Ski hire**: Rothenfelsstr. 7 | Hinterstaufen 5 | Sinswang 9
- » **ATM**: Sparkasse Allgäu, Schloßstr. 3 | ATM Raiffeisenbank Westallgäu, Schloßstr. 4 | at the Kaufmarkt supermarket & Postbank in the Kaufmarkt (no cash dispenser), Kalzhofer Str. 24
- » **Motorhome RV park site** at the Hündle from summer 2024
- » **Children's playgrounds**: OberstaufenPARK | Hündlebahn ground & mountain station | Kalzhofer Str. | Am Lindele
- » **Churches**: Catholic Church St. Peter & Paul, Kirchplatz | Evangelical Heilig-Geist Church (Protestant), Montfortweg 7 | New Apostolic Church, Am Staufen 4
- » **Museum of Local History** Beim Strumpfar, Jugetweg 1
- » **Pharmacy**: Hochgrat Pharmacy, Hugo-von-Königsegg-Str. 4 | Propstei Pharmacy, Hugo-von-Königsegg-Str. 1

* See town map

OBERSTAUFEN | STEIBIS/AACH – AT A GLANCE

The Steibis/Aach district lies at 860 m and 647 m respectively. Steibis is the gateway to the largest area of connected alpine dairies in Germany. The mountain village is tranquil with lush Allgäu alpine meadows, a variety of plants rich in herbs and impressive views of the mountain peaks of the Nagelfluhkette Nature Park.



WHAT CAN YOU FIND WHERE *

- » **Tourist Information Centre with library**, Im Dorf 22
- » **Public toilets**: Tourist Information, Imbergbahn cable car ground station
- » **Hochgratbahn cable car** – all year round
- » **Imbergbahn cable car** – all year round
- » **18-hole golf course**, In der Au 5 (Golf Club Oberstaufen-Steibis e.V.)
- » **Village shop**, Im Dorf 3
- » **Mountain cheese dairy**, Im Dorf 12
- » **Bike hire**: In der Au 19
- » **Ski hire**: In der Au 19 | Am Gemsholz 3
- » **ATM Sparkasse Allgäu & Raiffeisenbank** (combined ATM), Im Dorf 34
- » **Motorhome RV park site**, Im Dorf 37
- » **Children's playgrounds**: In der Au | Guest House St. Ull'r | Hochgrat mountain station
- » **Catholic Church Verklärung Christi**, Im Dorf 1

AACH

- » **Camping site Aach**, Aach 1
- » **Dra'mer Dorfsaal** (festival hall), Aach 20
- » **Children's playground**: at the festival hall
- » **Catholic Church Maria Schnee**



OBERSTAUFEN | THALKIRCHDORF – AT A GLANCE

Rural, picturesque, close to nature – the seven small villages are idyllically nestled in the Konstanzer valley between the Alpsee lake and the Staufen mountain. Here you will still find genuine Allgäu village character with lovingly decorated old farmhouses.



WHAT CAN YOU FIND WHERE *

- » **Thaler Festsaal** (community hall), Im Weidach 1
- » **Thaler ski lifts in conjunction with the Hündlebahn** – winter
- » **Public toilets**: Thaler ski lift, Kirchdorfer Str. 30
- » **Village shop**, Kirchdorfer Str. 5
- » **Village cheese dairy**, Konstanzer 1
- » **Farmhouse museum s'Huimatle**, Knechtenhofen 5
- » **Children's playgrounds**: Alte Schulstraße (former school) | Auf der Halde
- » **Catholic Church St. Johannes Baptist**, Am Pfarrhof 3



* See the village map

UP TO THE SUMMITS WITH THE MOUNTAIN TRANSPORT SYSTEMS ALL YEAR ROUND



Oberstaufen has no fewer than three mountain transport systems to take you up high. The cable cars take you up to the peaks of the Nagelfluhkette Nature Park in summer and winter. The journey itself is a pleasure: a unique panorama of the Allgäu Alps and Lake Constance all year round.



HOCHGRATBAHN

The nostalgic yellow 4-seater gondolas take you up to the mountain station at 1,708 metres above sea level. From there, it's a 25-minute hike to the 1,834 metre summit of the Hochgrat, the highest elevation in the Nagelfluhkette Nature Park. The effort is worth it: breathtaking views of the Allgäu and Bavarian Alps as well as Austrian and Swiss Alpine peaks and Lake Constance.

Winter – the almost six-kilometre-long natural sledging run promises plenty of fun and, in contrast, snowshoe hikers can enjoy the winter landscape at a leisurely pace. The exclusively unprepared ski routes are only recommended for advanced skiers, freeriders, deep-snow skiers and ski tourers.



IMBERGBAHN

The Imberg at 1,325 metres is located directly in the hiking area, which promises variety with two themed trails: the alpine adventure trail provides interesting facts about the Allgäu mountains and alpine farming, the MounTeens* detective trail (from 6 years) offers activities & fun for the whole family and the climbing garden is an active way to climb from tree to tree. Alpine huts serving regional dishes invite you to stop for a bite to eat.

Winter – whether big or small, beginner or pro, the Steibis ski arena promises fun and variety for everyone: skiers, snowboarders, snowshoe and ski tourers, winter hikers and sledging. In addition, the "little ones" are motivated to practise their first turns in the snow in the Ski-Kinderland.



HÜNDLEBAHN

Extensive hiking trails for beginners, children and advanced hikers start from the mountain station. The short hike up to the Hündlekopf at 1,111 metres rewards you with a panoramic view from the Alpsee lake all the way to Switzerland. On the first MounTeens* detective hiking trail (from 6 years), the tour with children is fun packed, with riddles to solve and activities to try out. Local alpine huts offer hearty snacks and homemade cakes. There is plenty of fun for children at the ground station: e.g. summer toboggan run, bungee trampoline, minigolf and small animal enclosure.



Winter – the small-scale yet beautiful Hündle-Thalkirchdorf ski area offers a variety of wide ski runs that are ideal for beginners as well as sporty skiers and snowboarders. In addition, the little ones benefit from the offer in the Ski-Kinderland. If you still haven't had enough of skiing, you can practice your turns in the evening at the Schwandlift (Thalkirchdorf), which is floodlit.

MOUNTAIN TRANSPORT HIGHLIGHTS

Summer – special rides at sunrise and sunset, sometimes with an ecumenical church service accompanied by music, is something you shouldn't miss.



* MounTeens detective hiking books can be translated using a translation app.



All further information at

OBERSTAUFEN.DE/BERGBAHNEN →

WINTER IN THE MOUNTAINS HOLIDAYS IN THE SNOW



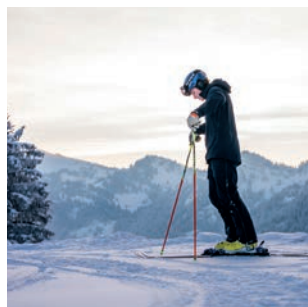
The special charm of the snow-covered winter landscape not only attracts nature and winter sports enthusiasts to the outdoors.

The **three mountain cable car lifts** are a must in winter: with and without snow, there is something for every winter fan and sports enthusiast. The Imbergbahn with the Steibis ski arena and the Hündle-Thalkirchdorf ski association offer the best prepared ski runs for beginners, children and professionals. Experience the first turns in the snow or enjoy carving down wide slopes and race tracks for the more ambitious.

The **Sinswang ski lifts** are the perfect family and beginners ski area. The **on-site ski school** with children's area and magic carpet will quickly help you master your first fast-paced runs on the gently sloping terrain. The highlight for young and old alike is the unique 6-seater rocket lift, which masters the ascent at breakneck speed – an absolute joy! All ski schools use state-of-the-art methods to teach technique and skiing fun for all levels of ability.

Cross-country skiing – skating and classic – is possible on a total of nine trails of varying difficulty levels and distances. The cross-country ski schools teach all techniques and for varying abilities.

The **Kapfwald circuit** is the first premium winter hiking trail in the Allgäu region and has been recognised for its varied route. A total of around 90 kilometres of cleared or groomed winter hiking trails lead through the municipality.



TIP

The Oberstaufen PLUS premium product offers free skiing.

And winter offers even more: horse-drawn sleigh rides through the snow-covered winter landscape, ice-rink disco, ice skating, curling on the ice rink in OberstaufenPARK and sledging runs of varying difficulty levels, parallel to the ski areas.



All further information at
OBERSTAUFEN.DE/WINTER →

PREMIUM HIKING RESORT AND NATURE PARK



The Nagelfluhkette Nature Park is the first and so far, the only cross-border nature park between the German region of Allgäu/Bavaria and the Austrian Bregenzerwald in the state of Vorarlberg. Enjoy the multifaceted natural landscape along picturesque streams, valleys and mountain ranges between 647 and 1,834 metres. Four hiking trails have been recognised as Premium Hiking Trails by the German Hiking Institute. The outstanding quality of service and the hiking infrastructure around the four premium hiking trails "Luftiger Grat" on the Hochgrat, "Alpenfreiheit" and "Grenzenloser Weitblick" on the Imberg and "Wildes Wasser" on the Hündle promise a special hiking experience. A total of 300 kilometres of hiking trails offer wonderful nature experiences.



All further information at
OBERSTAUFEN.DE/WANDERN →



HIKING TIPS / GREAT TRAILS

- » Wildes Wasser
- » Dreiländerblick
- » Schwarzenbachtal

BIKE / MTB TIPS

- » Panoramatour ins Westallgäu
- » Rund um Stiefenhofen
- » Steibinger Genuss tour



CYCLING AND MOUNTAIN BIKING



(Road) cycling and mountain biking tours through the Allgäu countryside are almost limitless. Whether on your own or as a guided tour, a wide variety of cycle paths lead through forests and valleys, past lakes and challenging climbs. Usually accompanied by the sound of cowbells. Technical courses provide an understanding of the sports equipment and safety while riding. No bike with you? In the bike and sports shops, the specialists will help you find the right hire bike for every taste and requirement: mountain bikes, touring bikes, children's bikes or e-bikes.



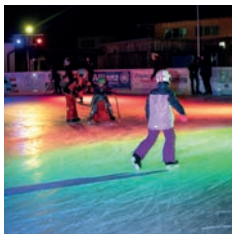
All further information at
OBERSTAUFEN.DE/RAD →

FAMILY TIME



Children of all ages are curious and inquisitive, with a thirst for action and adventure. Oberstaufen is predestined for this. There is a wide range of family activities on offer all year round: e.g. hiking, excitement, fun and games on the MounTeens detective trails on the Hündle and Imberg, courage & action on the high ropes climbing course, jump around on the various playgrounds or speedy descents on the summer toboggan run.

Cool winter action: skiing, sledging or ice skating, snowshoeing or a fun snowball fight. And if the weather doesn't play ball, there are plenty of alternatives, such as the Aquaria spa & adventure pool or exciting excursions in the surrounding area.



Further information at
oberstaufen.de/familiensommer
oberstaufen.de/winterspass



EXCURSION TIPS IN THE SURROUNDING AREA

(SUGGESTIONS)



INDOOR & OUTDOOR ACTION

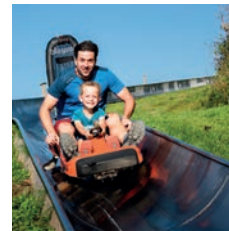
HIGH UP: Alpsee Bergwelt climbing forest trail, Alpsee Skytrail Bühl, Skywalk Scheidegg, Oberstdorf ski flying & ski jumping hills

HIKES | GORGES | CAVES | WATERFALLS

Eistobel ravine near Grünenbach, Starzlachklamm gorge near Sonthofen, Hinterstein carriage museum, Sturmannshöhle cave in Obermaiselstein, Breitachklamm gorge in Oberstdorf

SUMMER TOBOGGAN RUN

Alpsee Coaster at Alpsee Bergwelt



OUTDOOR POOLS AND BOATING TOURS

Natural swimming pool at the Kleiner Alpsee lake, Weiler outdoor swimming & adventure pool, Oberreute outdoor pool, Missen-Wilams outdoor pool, natural peat bath at Waldsee-bad Lindenberg, outdoor alpine pool Scheidegg, sailing on the Alpsee lake with the nostalgic Santa Maria Loreto sailboat

ANIMALS AND HORSE RIDING

Alpsee Bergwelt – petting zoo & alpacas, Burgberg Tierparadies – large animal enclosure, Alpenwildpark Obermaiselstein – alpine wildlife park, Scheidegg reptile zoo, Wild Westallgäu Alpaca Stiefenhofen, Scheidegg Erlebnisponyhof – adventure pony farm, Affenberg Salem – monkey park



INDOOR ADVENTURE PARKS

Allgäulino Wertach, Lina Laune Land Waltenhofen, Trampoline Park Waltenhofen, World of Outdoor Sonthofen, Escape Games & Escape Rooms Kempten, Code Red Action Park Kempten, Ravensburger Spieleland, Allgäuer go-cart track Kaufbeuren, Legoland Günzburg



CULTURE | EXPLORE | DISCOVER

Nagelfluhkette Nature Park Centre Bühl, APC Archaeological Park Kempten, Hofmühle Museum Immenstadt, Allgäuer Bergbauermuseum Diepolz – historic farm life, Erzgruben Grünten – historic iron-ore mines, Rapunzel Welt Legau, Inatura Dornbirn/Austria



CASTLES

King Ludwig's Neuschwanstein Castle & Hohenschwangau Castle Schwangau near Füssen, Linderhof Castle Ettal near Garmisch-Partenkirchen

SWIMMING FUN & SPA AT THE AQUARIA ADVENTURE POOL



Over 1,200 m² of bathing and sauna facilities in the Aquaria adventure pool with a fantastic panoramic view of the Nagelfluh mountain range.

The spacious sauna area* with its newly designed outdoor saunas promises relaxation for body, mind and soul. The three ladies' saunas, the steam bath, the large whirlpool and the new sauna catering bistro are particularly popular with guests. The wide range of massages offered by experienced and qualified therapists turn a wellness break at Aquaria into me-time.

* the sauna in Germany is a textile-free area



The water temperature is between 28°C and 34°C, depending on the pool.

- » 25 metre pool for sporty swimmers
- » Warm water pool with underwater loungers
- » 3- and 5-metre diving tower
- » From the fast-paced circular wild water feature with direct access into the outdoor pool
- » 100 metre water slide
- » Indoor and outdoor children's pool
- » Outdoor saltwater pool
- » Sunbathing lawn



Different opening times and further information at oberstaufen.de/aquaria


OBERSTAUFEN
AQUARIA